

**Town Hall**  
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## SENIOR CENTER REPORT

**To:** Supervisor Cardone, Town Board  
**From:** Ann Marie Morris  
**Re:** August, September & October Activity Report  
**Date:** November 4, 2019

Our monthly trip took place on August 8<sup>th</sup>, as 47 seniors traveled to Fishkill for a luncheon and show at Clove Creek Theatre to see the production "*Terms of Endearment*".

During a regular Thursday BINGO Day (August 15), *Blood pressure* screening took place with 21 seniors participating.

State Senator James Skoufis attended the Jolly Senior's meeting of August 22<sup>nd</sup> to update them on his work in Albany, go over recently pass bills and get to know Monroe seniors and their needs. The "Give Hope Project" occurred later in the day with members of Grace Community Church, Washingtonville presenting seniors with gift bags of essential everyday items. The seniors were excited for the gifts!

Although we had several exercise instructors on vacation during August, the classes we had were completely full and group meetings were very well-attended. Several new members joined.

We were closed on Labor Day Sept 2<sup>nd</sup>.

Monthly Blood Pressure screening took place on September 12<sup>th</sup> with 16 seniors participating.

Thirty three seniors traveled by bus to Wildwood, NJ for a 4 day/3 night excursion. The trip was organized by an outside vendor and they spent time at an Atlantic City casino, shopping and Cape May.

On September 26<sup>th</sup> the flu vaccine was administered by a pharmacist from Stop & Shop to 22 seniors. The pharmacist also discussed the advantage of getting the shingles vaccine which was followed by Q&A. The clinic took place between 11:00-1:00 pm. Time was spent individually with the pharmacist for any person that had specific questions.

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October 2<sup>nd</sup> - 49 seniors were on the casino trip.

Two new classes began in October: 'Guided Meditation' on Tuesday mornings and learn to play 'Mahjong' Monday afternoons.

The Office of the Aging, though the dining site, provided a cold lunch meal to 50 seniors attending the center during afternoon activities. This was a test run and beginning in January 2020, we will coordinate 1 meal a month at the center typically on a Thursday.

On October 31<sup>st</sup>, 82 celebrated Halloween with a catered party, BINGO as well as a costume parade and prizes. MW Middle School students from the Life-skills class made delicious dessert centerpieces for the celebration.

All exercise classes & clubs are well-attended.