






MONROE SENIOR CENTER

101 Mine Road, Monroe, NY 10950

Ann Marie Morris -- Director 783-9486 (office)

JUNE 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>HAPPY FATHER'S Day! June 17th</p>		<p> Summer Begins June 21th</p>		<p>1 Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards(cancelled)</p>
<p>4 Yoga 9:30-10:30 Stretch 10:30-11:30 Ladies Cards 11:00 Visual Entertain 12:00-2:00</p>	<p>5 Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11:30 Ladies Cards 11:30</p>	<p>6 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 YOUNG at HEART 12:30</p>	<p>7 PIZZA & BINGO 12 noon \$1.50 </p>	<p>8 Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards(cancelled)</p>
<p>11 Yoga 9:30-10:30 Stretch 10:30-11:30 Ladies Cards 11:00 Visual Entertain 12:00-2:00</p>	<p>12 Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11:30 Ladies Cards 11:30</p>	<p>13 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30</p>	<p>14 JOLLY SENIORS & BINGO 11:30 am Flag Day Today  Blood Pressure 1pm</p>	<p>15 Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards(cancelled)</p>
<p>18 Yoga 9:30-10:30 Stretch 10:30-11:30 Ladies Cards 11:00 Visual Entertain 12:00-2:00</p>	<p>19 Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:15 Mens Cards 11:30 Ladies Cards 11:30</p>	<p>20 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 YOUNG at HEART 12:30</p>	<p>21 Museum Village & BBQ \$16 (starts @ 10am with a light breakfast sign up with Ann Marie)</p>	<p>22 Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards(cancelled)</p>
<p>25 Yoga 9:30-10:30 Stretch 10:30-11:30 Ladies Cards 11:00 Visual Entertain 12:00-2:00</p>	<p>26 Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:15 Mens Cards 11:30 Ladies Cards 11:30</p>	<p>27 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30</p>	<p>28 JOLLY SENIORS & BINGO 11:30 am</p>	<p>29 Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30 Mens Cards 11:30 Ladies Cards(cancelled)</p>