









# MONROE SENIOR CENTER

101 Mine Road, Monroe, NY 10950

Ann Marie Morris -- Director 783-9486 (office)

## FEBRUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Groundhog Day</b> Feb 2 <sup>nd</sup> 		<b>PIZZA &amp; BINGO</b> 12 noon \$1.50 	<b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
<b>5</b> Yoga (cancelled) Stretch 10:30-11:30 Ladies Cards 11:00 Coloring & Coffee 11:45 Visual Entertain 12:00-2:00	<b>6</b> Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30  Mens Cards 11:30 Ladies Cards 11:30	<b>7</b> Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 YOUNG at HEART 12:30	<b>8</b> <b>JOLLY SENIORS</b> 12 noon (dues will be collected, **checks only) Spkr: "Mistakes Retirees make in retirement"  Blood Pressure 1pm	<b>9</b> <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
<b>12</b> CENTER CLOSED LINCOLN's B-DAY (observed) 	<b>13</b> Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30  Mens Cards 11:30 Ladies Cards 11:30	<b>Happy ❤️ DAY 14</b> Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 Coloring & Coffee 11:45	<b>15</b>  <b>Valentine Luncheon</b> <b>&amp; BINGO \$ 8</b> (must prepay by 2/8) 12 noon	<b>16</b> <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
<b>19</b> CENTER CLOSED WASHINGTON's B-Day (observed) 	<b>20</b> Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:15  Mens Cards 11:30 Ladies Cards 11:30	<b>21</b> Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 YOUNG at HEART 12:30	<b>22</b> <b>JOLLY SENIORS</b> 12 noon  Spkr: Clear Caption Phones  (dues will be collected, **checks only)	<b>23</b> <b>Tax-Prep Help</b> (by appt only: dial 2-1-1) Stretch Yoga 8:45-9:30 Osteo 9:30-10:30 Aerobics 10:30-11:30  Mens Cards 11:30 Ladies Cards 12 noon
<b>26</b> Yoga(cancelled) Stretch 10:30-11:30 Ladies Cards 11:00 Coloring & Coffee 11:45 Visual Entertain 12:00-2:00	<b>27</b> Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:15  Mens Cards 11:30 Ladies Cards 11:30	<b>28</b> Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards-Ladies 12:00 Intro to Spanish 11:30-12:30 Coloring & Coffee 11:45		

**\*\*If Center is closed or has a delayed opening due to inclement weather call Office Phone after 8 am for information**